



# Cordova Recreation & Park District

Mather Sports Complex  
3755 Schriever Ave. Mather, CA 95655  
916-362-1704 | www.crpdc.com

## Athletic Field Rentals

### COVID-19 Informed Consent, Acknowledgment of Risk, and Waiver & Release of Liability

In compliance with State of California and Sacramento County Guidance for Youth and Adult Sports, outdoor moderate-contact sports can be played in the red or purple tier with an adjusted case rate equal to or less than 14 per 100,000 effective February 26, 2021.

The following conditions must be met to help ensure the safety of all coaches and participants. Please review the following requirements and necessary documents for use of fields for youth and adult sports organizations. Please initial each item to indicate that you agree to implement and uphold these requirements during your permitted use of Cordova Recreation & Park District fields, facilities, or participation in sports leagues.

### Organization/Applicant Responsibilities

#### Informed Consent

\_\_\_\_\_ Provide information regarding risk to all parents/guardians of minors participating in such sports, and have each parent sign an informed consent indicating their understanding and acknowledgment of the risks indicated herein.

#### Face Coverings

\_\_\_\_\_ Face coverings must be worn by participants during practice, conditioning and during competition, even during heavy exertion to the greatest extent possible. See the [American Academy of Pediatrics Interim Guidance on Return to Sports](#) for specific exceptions where the face covering may become a hazard.

\_\_\_\_\_ Face coverings must be worn by coaches, support staff and observers at all times in compliance with the [California Department of Public Health Guidance](#) for the use of face coverings.

#### Physical Distancing

\_\_\_\_\_ Maintain at least six feet of distance between sport participants and others to the maximum extent possible, including when on the sidelines or dugouts.

\_\_\_\_\_ Maintain at least six feet of distance between coaches and participants and facilitate physical distancing between participants to the maximum extent possible (e.g., staggered starts instead of mass starts for races).

\_\_\_\_\_ Observers must maintain at least six feet of distance from non-household members.

#### Hygiene and Equipment Sanitation

\_\_\_\_\_ When equipment is shared during an activity, participants perform hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, at half time and after the conclusion of the activity.

\_\_\_\_\_ Game or practice equipment can be touched by multiple players during practice and play if the above hand hygiene practices are followed.

\_\_\_\_\_ No shared beverage or other personal items and equipment.

**Limitations on Mixing**

- \_\_\_\_\_ Limit participation by athletes and coaches during practice and competition to one team, and refrain from participating with more than one team over the same season or time period. For larger teams or groups, limit mixing by establishing stable smaller training groups for drills and conditioning.
- \_\_\_\_\_ Review practice or game footage virtually, to the greatest extent possible. If not feasible, then it should be conducted outdoors, with all participants wearing face coverings and following appropriate physical distancing measures.

**Only one competition, per team, per day maximum to be played**

- \_\_\_\_\_ Teams must not participate in out-of-state games and tournaments.
- \_\_\_\_\_ Inter-team (league) competitions are authorized only if (a) both teams are located in the same county and the sport is authorized; or (b) teams are located in immediately bordering counties and the sport is authorized in both counties.
- \_\_\_\_\_ No tournaments or events that involve more than two teams to occur. Sacramento County Public Health is not currently issuing exceptions for tournaments or other competitions between more than 2 teams.

**Limitations on Observers**

- \_\_\_\_\_ Limit observation of youth sports (age 18 years and under) to immediate household members, and for the strict purpose of age-appropriate supervision. This includes observation of practice and competition. Limit number of observers to ensure physical distance can be maintained, reduce potential crowding and maintain indoor and outdoor capacity limits.
- \_\_\_\_\_ For adult sports, spectators are not permitted at this time.
- \_\_\_\_\_ Requirements may change. Please refer to the complete [California Department of Health Guidance here](#) for the most current information.

**Testing**

- \_\_\_\_\_ Outdoor high-contact sports (orange tier) can be played in the purple or red tier following requirements set by Sacramento County Public Health Department as noted in [COVID-19 Guidance for Youth & Recreational Adult Sports](#).

**Returning to Sports After Infection**

- \_\_\_\_\_ No one with symptoms of COVID-19 or who is in isolation or quarantine for COVID-19 is permitted to attend practices or competitions.
- \_\_\_\_\_ Anyone with symptoms of COVID-19 should consult their physician for testing and notify their coach, athletic trainer and/or school administrator of their symptoms and test results.
- \_\_\_\_\_ Youths recovering from COVID-19 will have different paths to return to sports based on the severity of their illness. See the [American Academy of Pediatrics Interim Guidance on Return to Sports](#) for additional guidance for more serious infections.

I HAVE CAREFULLY READ AND UNDERSTAND THE NOTICE ABOVE (INCLUDING THE INFORMATION ABOUT COVID-19 AND THE RISKS OF PARTICIPATION) AND HEREBY KNOWINGLY AND WILLING CONSENT TO THE PARTICIPATION IN THE ABOVE-REFERENCED SPORT/ACTIVITY.

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Organization Name (Printed) Representative Name (Printed)

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Signature Date