

## **COVID-19 GUIDELINES**

MTBC's COVID-19 policy follows guidelines and recommendations published by MDH, the State of MN, and the CDC. If these governing bodies have a recommendation, it is MTBC's expectation that all players and families will follow these guidelines.

## **COVID-19 RESPONSIBILITIES PLAYERS**

- If you are not feeling well, stay home!!
- If someone from your household recently tested positive for Covid-19, please ensure you follow state quarantine rules and obtain a negative RT-PCR test before joining your team members for games. Recognize that its our collective responsibility as one MTBC family to keep each other's safe.
- Maintain at least 6 feet between players when they are not playing (on the bench, in the dugout, on the sideline, etc.).
- Water bottles and personal equipment's should not be shared.
- Face coverings must always be worn by all players in the dugouts and anywhere outside the play area.
- Umpires should always wear face coverings.
- Batting team players should not touch the ball during their batting innings
- Umpires should not touch the ball at any time during the match.
  - After a wicket falls, the ball should be placed near the bowlers end by the bowling team
  - During the scheduled game breaks at 10 overs, the ball should be placed near the bowlers end by the bowling team
- Stay in your team's designated area. Avoid unnecessary visits to the opposition dugout
- Player bags and equipment should be placed spaced apart on the sideline.
- Pack hand sanitizer to use before, during and after games.
- Get on and off the grounds and exit the grounds as quickly as possible to prevent excess contact between players.
- Spectators are not allowed for the group stage matches. (A decision for knockout matches and finals weekend will be evaluated later)
- Players travelling out-of-state for work/recreation are requested to get tested and obtain a
  negative result for Covid-19 before the next match. Any violations to this rule will result in the

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**entire team being banned for the season.** (Note: Players who have been fully vaccinated are exempt from this)

- If you / anyone in your friends / family you meet and greet are returning from international travel or exposed to anyone coming back from international travel,
  - 14 days of quarantine is MANDATORY.
  - Post 14 days quarantine follow the CDC guidelines on testing before attending practice sessions / MTBC matches.
  - This is applicable to all vaccinated / non-vaccinated individuals and for people who recently recovered from Covid-19
  - Any violations to this rule will result in the entire team being banned for the season
- Email <u>board@cricketmn.com</u> with any concerns or **if your player tests positive for COVID-19**.
- We recognize that CDC and/or MDH guidelines have changed in the past and will change again.
   Our intention is to evaluate guidelines as they evolve and apply these health expert guidelines to MTBC sponsored activities with the goal of maximizing the ability of our players and teams to participate in cricket activities, while looking out for their health and safety.

**Note**: These are general guidelines and not the full exhaustive list of everything that players should follow. Remember that one careless step from one of us could put the entire MTBC players and families at risk. Please use caution and take all steps that you would normally do to keep your families out of harm's way.

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