

COVID-19 Return to Sport Guidelines

These guidelines are meant to support organizations in their return to their sport activities, including, but not limited to, lessons, coaching and organized programs, adhering to the [Nova Scotia Provincial Government coronavirus guidelines](#). The following must be demonstrated in any return to sport plans:

Environment

- How physical distancing will be maintained before, during, and after activities at the location the activity occurs, following the [physical distance guidelines](#).
- How the activity will limit the number of people within a [facility](#).
- How the activity will limit the congregation of people in shared areas (i.e: common space where participants are checked-in and out of, washrooms, changing rooms, equipment rooms, etc.).

Equipment

- How the activity will limit the necessity of shared equipment.
- How equipment will be managed and [cleaned](#) with appropriate disinfecting cleaner before and after use.

Personal Protective Precautions

- How enhanced [cleaning](#) will be managed, including high touch surfaces (i.e: washrooms, chairs, door knobs, etc.)
- How participants will be encouraged to practice [good hygiene](#).
- How participants will be educated to ensure those who are unwell and [symptomatic](#) do not participate in the activity. Testing information can be found [here](#).

Communication

- How participants will be informed of the safety precautions that they must follow, implemented by the organization.
- How your plan will be communicated to all participants.
- If possible, maintaining a participant registry, (names, dates, time, and contact info) to facilitate potential public health contact tracing.

In addition to the provincial public health measures, organizations must adhere to any measures implemented by their affiliated National/Provincial Sport Organizations and the facilities in which they operate.